

Unit B: Qualities of a Good Leader

Lesson 2: Defining Core Values

Values

- Things we believe in strongly. Things we don't compromise or change.
 - shaped at an early age
 - Parents, teachers, friends, religious leaders, and heroes help shape our values.
 - can change over time in response to changing life experiences

Values Clarification

Doesn't state what values should be, only provides help to discover what they are.

- Values must be chosen freely
 - from alternatives
 - after thoughtful consideration of each alternative

- Values must be cherished
 - being happy with the choice
 - willing to affirm the choice publicly

- Values must be acted upon
 - doing something with the choice
 - repeating the choice consistently

Strength of our values

Finish each of the statements:

- I would prefer to keep to myself that...
- I will share only with my friends that...
- I would quietly take a position in favor of...
- I would argue strongly in favor of...
- I would be willing to physically fight for...

Review/Summary

1. Define core values.
2. Identify personal values.
3. Identify the benefits of living by personal values.